

5th Annual IPE Forum Event Program

February 29, 2020 – College of Pharmacy I6, Qatar University

Registration		8:30 – 9:00
Welcoming Remarks	Dr. Egon Toft Vice President for Medical and Health Sciences and Dean of the College of Medicine, Qatar University	09:00 – 09:05
	Dr. Alla El-Awaisi Assistant Dean for Student Affairs at the College of Pharmacy QU Health Chair of the Interprofessional Education Committee, Qatar University	09:05 – 09:10
	Ms. Sawsan AlMukdad Pharmacy MSc Student, College of Pharmacy, Qatar University President of the IPE Student Association	09:10 – 09:20
Keynote Speaker 'Introducing Islamic Bioethics to Future Healthcare Professionals'	Dr. Mohamed Ghaly Professor of Islam and Biomedical Ethics Center for Islamic Legislation & Ethics (CILE), Academic Director College of Islamic Studies (CIS), Hamad Bin Khalifa University (HBKU)	09:20 – 09:50
Healthcare Team Challenge	Case presentation by the five teams	09:50 – 10:30
	Challenge to test the team and present response by each team	10:30 – 11:10
Coffee break		11:10 – 11:30
Oral Presentations 'Advocating for your profession'	'Pharmacy: A story about the emerging and underutilized healthcare profession' Bassant Amr Elkattan – College of Pharmacy, Qatar University	11:30 – 11:45
	'Commitment to altruism' Ahmed Elsabagh – College of Medicine, Qatar University	11:45 – 12:00
	'More than a caregiver' John Michael GLodoveza, Necah Marie Gimotea – University of Calgary, Qatar	12:00 – 12:15
	'Advocating for respiratory therapists' Aisha Sultan, Fathima Mohamed Kutty, Maria Zulfiqar, Naseeba Thasneem, Ruqqaiya Irshad, Sarah Syed, Tania Abab – College of the North Atlantic, Qatar	12:15 – 12:30
	'Advocating for public health' Sana Ahmad, Reem Ashour Public health, College of Health Sciences, Qatar University	12:30 – 12:45
	'How it's like in medicine' Sally Al-Sarhan, Abdul Rahman AlAbiad – College of Medicine, Qatar University	12:45 – 13:00
	'A step forward: Pharmacists' managing anticoagulation clinics' Laila Shafei, Halima Saadia, Ruba Sulaiman, Mariam Mustafa – College of Pharmacy, Qatar University	13:00 – 13:15
Prayer and lunch break		13:15 – 13:30
Poster session		13:30 – 14:00
Closing	Announcement of winners, certificates and group photo	14:00 – 14:15

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Judges for the Healthcare Challenge

- Dr. Mohamud Verjee, Assistant Dean of Medical Student Affairs, Co-Director, Primary Care Clerkship, Associate Professor of Family Medicine in Clinical Medicine, Weill Cornell Medicine - Qatar
- Dr. Maguy El Hajj, Associate Professor of Clinical Pharmacy and Practice Chair of Clinical Pharmacy and Practice Section College of Pharmacy, Qatar University
- Dr. Lily O'Hara, Associate Professor, Department of Public Health, College of Health Sciences, Qatar University
- Dr. Sharon Adamson, Faculty, University of Calgary – Qatar
- Dr. Shahd Hamzeh Shaar, Clinical Pharmacists at Communicable Disease Center, Hamad Medical Corporation

Judges for the Oral & Poster Presentations

- Dr. Muna Al-Ismaail, Clinical Lecturer, College of pharmacy, Qatar University
- Dr. Jessie Johnson, Assistant Professor and Graduate Program, University of Calgary - Qatar
- Mr. Norman Wong, Pharmacy Technician Lead Instructor, School of Health Sciences, College of North Atlantic - Qatar
- Mr. Kaley Keeling, Clinical Instructor, Dental Hygiene, College of North Atlantic - Qatar

Mentors for the Healthcare Team Challenge

- Ms. Sara Hussein, PharmD candidate, College of Pharmacy, Qatar University. Participated in the healthcare team challenge in Auckland, New Zealand
- Ms. Iqrah Qurishi, PharmD candidate, College of Pharmacy, Qatar University. Participated in the healthcare team challenge in Auckland, New Zealand
- Ms. Raneem Abunahia, fourth-year pharmacy student, College of Pharmacy, Qatar University. Member of the winning team of the Healthcare Team Challenge at the 4th Annual IPE Forum
- Ms. Asma Ouagueni, fourth-year nutrition student, College of Health Sciences, Qatar University. Member of the winning team of the Healthcare Team Challenge at the 4th Annual IPE Forum
- Ms. Naseeba Thasneem, third-year respiratory therapy student, College of North Atlantic - Qatar. Member of the winning team of the Healthcare Team Challenge at the 4th Annual IPE Forum

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Healthcare Team Challenge Groups

Group 1	Mohammad Haider	College of Medicine, Qatar University
	Shahad fadl	College of Pharmacy, Qatar University
	Haya Nabilah	University of Calgary - Qatar
	Kateba Alghazali	Nutrition, College of Health Sciences, Qatar University
	Manar Yousry Elsaka	Biomedical, College of Health Sciences, Qatar University
	Tania Abab	Respiratory therapy, College of North Atlantic - Qatar
	Alya Naqadan	Public health, College of Health Sciences, Qatar University

Group 2	Marwa Ibrahim Hamed	College of Pharmacy, Qatar University
	Yousef Nasir Sharif Khaled	College of Medicine, Qatar University
	Jawaher	University of Calgary - Qatar
	Asma Alsada	Nutrition, College of Health Sciences, Qatar University
	BANA ALSahan	Biomedical, College of Health Sciences, Qatar University
	Sanaa Marasstani	Respiratory therapy, College of North Atlantic - Qatar
	Alanood Al-Marri	Public health, College of Health Sciences, Qatar University

Group 3	Fatima Nazar	College of Pharmacy, Qatar University
	Amine Zaidi	College of Medicine, Qatar University
	Halimah Sadiya Adam	University of Calgary - Qatar
	Sana Eltayeb	Nutrition, College of Health Sciences, Qatar University
	Asmaa Al-Mesaifri	Biomedical, College of Health Sciences, Qatar University
	Maria Zulfiqar	Respiratory therapy, College of North Atlantic - Qatar
	Retaj Awad	Public health, College of Health Sciences, Qatar University

Group 4	Reem Alenany	College of Pharmacy, Qatar University
	Yazan aldali	College of Medicine, Qatar University
	Maria Mohammed	University of Calgary - Qatar
	Noof	Nutrition, College of Health Sciences, Qatar University
	Noora Shams	Biomedical, College of Health Sciences, Qatar University
	Chaellie Miranda	Respiratory therapy, College of North Atlantic - Qatar
	Ibrahim Laswi	Weill Cornell Medicine - Qatar
	Tharaa Alshammari	Public health, College of Health Sciences, Qatar University

Group 5	Basant Amr Elkattan	College of Pharmacy, Qatar University
	Ahmed Nawaz	College of Medicine, Qatar University
	Hannah Leanda	University of Calgary - Qatar
	Sumaya yusuf	Nutrition, College of Health Sciences, Qatar University
	Sara Suleiman	Biomedical, College of Health Sciences, Qatar University
	Fathima Mohamed Kutty	Respiratory therapy, College of North Atlantic - Qatar
	Hissa Al-Zoqari	Public health, College of Health Sciences, Qatar University

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Oral Presentations Abstracts

'Pharmacy: A story about the emerging and underutilized healthcare profession'

Bassant Amr Elkattan

I never knew pharmacist can do this!" a statement that I have not heard only once or twice; but, every day in practice and during interaction with health care students in IPE sessions. The profession of pharmacy is changing at a very rapid pace and in return, opened for many diverse opportunities for pharmacists to a valuable part of the team. However, the Pharmacy sector remains one of the greatly underutilized healthcare professions.

In this presentation, I want to address physicians, nurses and other healthcare professionals and let them know what we are capable to do, we are here to help!

In this presentation, I want to address Pharmacists and remind them of their fantastic and emerging role to encourage them to speak up wherever they are.

And lastly, I want to share some of the moments during my rotations where I have seen examples of pharmacists who were true advocates for their profession. Pharmacists who were not intentionally trying to be advocator but thorough their actions and stepping up, they were the example for student to look up to and for other health care providers to respect and understand the pharmacy profession.

They say, "Never underestimate the ability of a small group of dedicated people to change the world." This small group might be from the attendees of the forum, I would like to take the chance

'A step forward: Pharmacists' managing anticoagulation clinics'

Laila Shafei, Halima Saadia, Ruba Sulaiman, Mariam Mustafa

Over the years, the pharmacist's role is advancing and is not limited to community pharmacy alone. The healthcare system has become more patient centered with increased collaboration between all healthcare professionals. This highlighted the role of pharmacists as medication experts and one successful example of this being implemented here in Qatar is anticoagulation clinic. This will be the focus of our presentation. Would you like to learn more? Come and find out!

'Commitment to Altruism'

Ahmed Elsabagh

As a second-year medical student, I have already developed a huge passion and admiration for medicine and people who practice this amazing profession. Getting to know the amount of sacrifice medical professionals have to go through on a daily basis has been very inspiring to me as a person and hopefully a future physician. I would just like to express myself and explain why I feel like I got lucky to be able to learn and pursue such an honorable profession. This is definitely the case with other medical professions as well as other people who risk heir lives everyday to keep us safe. Anyway, medicine has a special place in my heart and I'd love to express my gratitude towards the change medicine has done in me so far.

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'How it's like in medicine'

Sally Al-Sarhan, Abdul Rahman AlAbiad

Studying medicine is a privilege, to me medicine is the ultimate career. ... But most importantly, a career in medicine empowers you to help people, to be respected by others and to feel job satisfaction in a way that is impossible to feel in many other careers. In this presentation we will be discussing the general aspects included in the field of medicine, advantages, disadvantages, and how it is like to be a part of it. As medical students we still do not have the complete view of it. However, we are capable of approximately describing through the experience of physicians as well as our own since we are physicians in the making.

'Advocating for respiratory therapists'

Aisha Sultan, Fathima Mohamed Kutty, Maria Zulfiqar, Naseeba Thasneem, Ruqqaiya Irshad, Sarah Syed, Tania Abab

Respiratory therapy students currently undergoing an Extensive 1 year training in adult, pediatric and neonatal intensive care units, Operating theatres, Pulmonary function testing, Sleep Lab, Wards and Home care.

To present the challenges we face while practicing the profession due to possibly uninformed healthcare professionals making it difficult for us to practice to our ability and help the community.

Therefore, we would like to take this opportunity to show the various skills that we actually learn and practice in hopes that we would be able to better practice our profession and progress in the society.

'Advocating for public health'

Sana Ahmad, Reem Ashour

According to the WHO Public Health could be defined as the art and science of preventing disease, prolonging life and promoting health through the organized efforts of society" (Acheson, 1988). Despite the fact, that recently public health gain huge tension and recognition from the public and policymaker, public health is not a new field. Historical background about public health could include the timeline of the evolvement of the theories, the new discoveries by the scientists, and the milestone achievements. A fundamental aspect of public health is the scope of it as it provides the field with its unique features; as public health focuses on the population rather than the individuals although they are the basic units of the population. public health focuses on prevention rather than curing. These differences provide the basic standers of comparison with the clinical professions. A successful public health intervention is based upon three main core competencies to advocate, to enable and to mediate. this framework has comprehensive and holistic components that are managed by evidence-based research that should be used in each step of the public health program which entails assessing, planning, implementation, and evaluation. Although public health could be found everywhere as a supportive function, it has its own areas and responsibility such as assuring the local infrastructure, promoting healthy communities and behavior, preventing the transmission of communicable disease, assuring availability and accessibility of health services, and lastly preparing and responding to public health emergencies. In a more general perspective public health is responsible for protection, prevention, and promotion. Ultimately, the field of public health is under ongoing evolvement to suits the constantly changing of the population worldwide; and this illustrates the importance of the field and the need to continuously supports the field and its activities toward achieving a cooperative and patient-centered environment.

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'More than a caregiver'

John Michael GLodoveza, Necah Marie Gimotea

Nursing was founded out of a need. When all men are off to war, nursing became an unconscious vocation. As time passed by, nursing emerged from being a caregiver to a skilled profession. Unlike how our profession was in the past, nursing evolved and we are now educated for years, within those times we are educated and trained by the bounds of our scope. We use evidence-base. The Science of Nursing uses theory and continues to prove it in practice. Nurses are critical thinkers that are able to lead the team in different setting from bedside care, nursing evolved to different specializations and administrative duties such as critical care, wound management, case management and research. It is so diverse that there is something that will best fit your passion and purpose. It is a common belief that physicians are the only ones who lead the healthcare system, nurses as well as other healthcare professionals play a making a difference in client's lives. Shift by shift, nurses extend not only their body but their minds in meeting the needs of every patient. I have heard the phrase "first line in healthcare" for so many times but what does it really mean? Part of a nurse's job is to advocate to those who are vulnerable. Nurses are bridges and look into the patient holistically to communicate for what the mouth cannot speak. The fight continues to give a nursing a new light, until the world sees the we are than a caregiver.

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Poster Presentations Abstracts

P1

Emelith Florendo Cerbito, Shareefa Moideen, Fatima Nazar
College of Pharmacy, Qatar University

Title

Pharmacy- an essential healthcare profession

Abstract

As pharmacy students, we believe that advocating for our profession as pharmacists will provide the golden ratio to the healthcare sector in terms of patient care and medication safety. We will demonstrate the path our profession has taken in shifting to patient-centered care using a poster. This would involve the evolution of a pharmacist from being a mere dispenser to a medication expert and to a pharmaceutical care provider. The poster will be brief and will be accurately explained by each group member. Also, public's perception about pharmacists will be taken into account in order to figure out the areas we can improve in providing a clear image of pharmacists' capabilities. Furthermore, two cases will be highlighted to signify the importance of pharmacists in the healthcare team and how their pharmaceutical care can benefit patients and the healthcare organizations. For our ideas to be more comprehensible to the public, pictures of different roles that pharmacists play and their impact on other health care professionals will be illustrated. Our main goal is to provide a clear image of the strengths our profession and its value in the healthcare setting that aims to provide optimum patient care.

P2

Marah Haytham Abou-Sido, Sara Dahmani, Nadin Kamel
College of Pharmacy, Qatar University

Title

Choose your destination

Abstract

Going down the journey of a pharmacist, there are many roads to take. Through this poster we aim to shed light on the importance of the pharmacist's roles in different settings. Nowadays, the focus is diverted mainly on clinical pharmacy. Through this poster, we want to advocate for our profession by elaborating diverse overshadowed career opportunities that a pharmacist can be a part of in order to stress out their importance in the health care system.

P3

Sara Abul-Ola, Abrar Abdelrahman, Asmaa Ibrahim
College of Pharmacy, Qatar University

Title

Drug safety: Plans and efforts for safe medication use

Abstract

The institute of Medicine committee stated that at least one medication-related error occur for each patient per day. These errors are closely related to the increase in mortality rate as well as the loss of billions of dollars every year due to the significant complications they cause. There is an international agreement upon the need for a tight regulations that enhance drug safety and reduce adverse drug events to a minimum. Drug safety which is known as pharmacovigilance is the science that deals with detection, assessment, monitoring and prevention of the drug adverse reactions (ADR's), it includes monitoring safety of both post marketed

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drugs and drugs under development. Moreover, medication errors such as overdose, drug misuse and abuse, as well as drug exposure during pregnancy and breastfeeding, are also of interest, even without an adverse event as they may result in an ADR. All the areas above require the presence of pharmacist to take apart or to supervise to ensure proper medication usage and administration.

P4

Marwa Elshazly, Hala Alkhatibe, Ola Almasalmeh, Sabah Khabbaz
College of Pharmacy, Qatar University

Title

Choose your destination

Abstract

Over the counter medications (OTC) are medications that are sold directly to people without prescriptions and they are commonly used. The medications may have specific ingredients that have potential risks of causing adverse effects if they are misused. The pharmacist role comes here to raise awareness and council people about the correct way of using the varieties of OTCs to prevent medication-related problems.

P5

Shrouq Akram Homs, Somaya Khaled Koraysh
College of Pharmacy, Qatar University

Title

Drug safety: Plans and efforts for safe medication use

Abstract

Background and objectives:

For a profession to prosper, it needs individuals who can represent, lead, and advance the profession. Pharmacy representation in many countries has been lacking. Evidence suggests insufficient development of professional engagement (PE) is a main contributor. In order to identify the influencing factors for the development of PE, we aim to investigate the longitudinal development of PE in pharmacy students as they experience the four stages of the undergraduate Program at Qatar University.

Methods:

This is a longitudinal, mixed-methods, cohort study on P1 pharmacy students AY19 that will include a quantitative measure using the validated S-PIPE tool (7-point Likert scale) analyzed by SPSS and qualitative measures using semi-structured interviews analyzed by thematic analysis.

Results:

In administering the S-PIPE tool, a response rate of 87% (29/33) was recorded. Specifically, an average of 94% of students reflected their feel of excitement, proudness, and belonging to the pharmacy profession by choosing "often" or higher for items measuring these aspects. 96.5% agreed that what they do as students is valuable, with 82.8% ascertaining that they can help others. Only 3 students reported having previous working experience with an average of 21 days, which had no apparent influence on the results.

Conclusion:

Our preliminary results show that P1 student pharmacists feel excited and can identify with the profession, which reflects positively on their PE; literature suggests similar attitude of first year students. Further investigations are to be done using qualitative methods to assess whether field experience will influence the students' PE development.

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P6

Dana Nizar Mustafa, Taimaa Hejazi, Lana Kattan, Ola Adlan
College of Pharmacy, Qatar University

Title

Not every habit works: Ask your medication expert why

Abstract

IS IT CANDY OR MEDICINE? Pharmacist role in patient education

"Each patient carries his own doctor inside him." —Norman Cousins, Anatomy of an Illness.

Patient education plays a salient role in the process of delivering Pharmaceutical Care.

Statistics show that 90% of patients who needed more information on their medicine besides its frequency of use, did not receive it. This have led to mistakes in the use of medications and harsh consequences. Since the pharmacist is the last health-care professional to come into contact with the patient, they should look for ways to help patients across the store from their OTCs to their life style, instead of being a machine that dispenses a prescription. In this poster, we will discuss the main obstacles, solutions, and benefits of patient education.

P7

Nour Alhussaini
Public health, College of Health Sciences, Qatar University

Title

Epidemiology

Abstract

Public health is a very broad field where all health sectors is considered part of it. Many people are not aware of our important role as public health professionals. It is considered as the umbrella for all medical and healthy related areas that focus on the improvement of patient care and healthcare systems. I will be advocating for my profession as an epidemiologist and prove it's importance in the healthcare field. As I will also describe briefly about what we do and what we aim for so listeners can have a clear idea.

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